

## Endoscopy(EGD)-ERCP-EUS Prep Instructions PLEASE READ THESE CAREFULLY

### 5 DAYS PRIOR TO YOUR EXAM:

- Ideally, anti-clotting medications are stopped 5 to 7 days prior to your Endoscopy to reduce the risk of bleeding during or after your procedure.
- If you take anti-clotting medications such as **Coumadin, Plavix, Pradaxa, Effient, Brilinta, or Xarelto**, then please discuss these medications with the prescribing physician (e.g. cardiologist, neurologist, or primary care provider). You are on these medications for an important clinical reason (e.g. heart disease, cardiac stent, atrial fibrillation, stroke, mechanical heart valve, history of blood clots).
- Please let us know if you are not allowed to stop these medications or if you are advised to use Lovenox or Heparin prior to your procedure.
- If you have diabetes, your primary care provider will advise you how to manage your medications prior to the procedure (e.g. insulin).

### 1 DAY PRIOR TO YOUR EXAM:

- **You may eat a regular dinner, but stop eating solid foods after 7:00 pm.** Restrict your diet to clear liquids thereafter. No solid food until after the procedure. Stay hydrated!

### THE DAY OF YOUR EXAM:

- **Remember not to have any food until after your procedure!**
- You may have only water up until **4 HOURS PRIOR TO YOU PROCEDURE START TIME.**
- We must insist on this “nothing by mouth” time for patient safety. Do not have anything by mouth after this point, as your stomach must be completely empty at the time of the procedure.
- If you have diabetes, test your blood sugar before coming in for your exam and bring the reading with you. If you take oral medications for your diabetes, don't take them the morning of your procedure unless otherwise instructed by your doctor. If you take insulin, take only ½ of your usual morning dose and bring the insulin with you to the procedure.
- You may take your usual medications (e.g. for blood pressure). Any medications taken the day of your procedure may be taken with a small sip of water **4 HOURS PRIOR TO YOU PROCEDURE START TIME.**

### OTHER INFORMATION:

- You must have someone available to drive you home after your Endoscopy. If you are planning to take a taxi home, then a friend or family member must accompany you. Plan on spending 2-3 hours at the facility.
- You may receive up to 4 separate bills: 1-facility, 2-physician, 3-pathology, 4-anesthesia.
- Wear comfortable clothing. Bring your glasses, hearing aids, insurance cards and completed information forms, if applicable.
- Avoid bringing valuables. We will expect payment of co-pays, co-insurance and deductibles at the time of service.
- If you must cancel or reschedule your procedure, then you must give notice 2 full business days in advance. Failure to do so will result in a \$100 cancellation fee.
- Additional information is available on our website: [www.utahgastro.com](http://www.utahgastro.com).

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**YOUR PROCEDURE IS SCHEDULED FOR** (date): \_\_\_\_\_ Please arrive at (time): \_\_\_\_\_

with Dr. \_\_\_\_\_

- Cedar City Hospital** – 1303 N Main Cedar City, UT, 435-868-5000.  
Call 435-688-4141 to pre-register 1-3 days prior to your appointment.
- Dixie Regional Medical Center** – 1380 E Medical Center Drive St George, UT, 435-251-1000.  
Northwest entrance 2nd floor Outpatient surgery Endoscopy Lab. If not contacted by the day before your procedure, call to pre-register 435-251-4035.
- Intermountain LDS Hospital** – 8th Avenue & C Street, SLC, UT, 801-408-1057.  
Entrance West Wing of Hospital. Call 801-442-8600 or toll free 888-269-8674 the day before your procedure to pre-register - Free valet parking available.
- Intermountain Medical Center** – 5121 South Cottonwood Drive, Murray, UT, 801-507-3262.  
Check in Building 2, Level 2. Free valet parking available. Call 801-442-8600 or toll free 888-269-8674 the day before to pre-register.
- Lakeview Hospital** – 630 E Medical Dr., Bountiful, UT, 801-299-4657. South Entrance.  
Call central scheduling to pre-register 801-299-2141.
- Lakeview Endoscopy Center** – 620 E Medical Dr., Suite 200, Bountiful, UT, 801-299-6760. Please register online by going to the website [www.lakeviewendoscopy.com](http://www.lakeviewendoscopy.com) and click on the Online Pre-Registration link, then One Medical Passport, or Call 801-299-6760 Monday-Friday to pre-register 5-7 days prior to your appointment.
- Lone Peak Hospital** – 11925 S State St, Draper, Utah 84020 - Enter at the main entrance #1, check in at the information desk. Call 801-545-8180 to pre-register 3 days prior to your procedure.
- Lone Peak Surgery Center** – 96 East Kimballs Lane, Building 3, Suite 100, Draper, UT 84020 (Located next to Lone Peak Hospital). Please register online 5-7 days before your appointment at [LonePeakSurgery.com](http://LonePeakSurgery.com) and click on "Pre-Register", or call 801-984-3691 Mon-Fri 10 am-4 pm.
- Mountain West Endoscopy Center** – 6360 South 3000 East, Suite 320, SLC, UT, 801-944-3166. Please register online by going to the website [www.mtwestendo.com](http://www.mtwestendo.com) and click the Pre-Register button, which will take you the One Medical Passport home page. Or Call 801-944-3164 Monday-Friday to pre-register 5-7 days prior to your appointment.
- Riverton Hospital** – 3741 West 12600 South, Riverton, UT, 801-442-8600 or toll free 888-269-8674.  
Call the day before your procedure to pre-register.
- St. George Endoscopy Center** – 368 E Riverside Drive, Suite B, St. George, UT 84790. 435-674-3109.
- St. Mark's Hospital Endoscopy** – 1200 E. 3900 S., Salt Lake City, UT, 801-268-7140. Call 801-268-7341 to pre-register 1-2 days prior to your procedure. Check-in at the registration desk inside the main entrance of the hospital.
- UT Gastroenterology** – 6360 South 3000 East Suite 310, SLC, UT, 801-944-3144. Nurses desk 801-944-3171.
- Wasatch Endoscopy Center** – 1220 East 3900 South, #1B, Salt Lake City, UT, Please register online by going to the website [wasatchendoscopycenter.com](http://wasatchendoscopycenter.com) and click on the Online Pre-Registration link, or Call 801-281-3657 Monday-Friday to pre-register 5-7 days prior to your appointment. Enter through the canopied "Emergency" entrance on the north side of St. Mark's hospital. Wasatch Endoscopy Center is the first door on your left.

**For questions  
please call one  
of our offices:**

Bountiful  
801-298-0057

Old Mill  
801-944-3144

Draper  
801-727-4280

St. Mark's  
801-263-3041

St. George  
435-673-1149